

NEUROLOGY

'Reappearance' of congenital nystagmus after minor head trauma

Deborah I. Friedman and Louis F. Dell'Osso

Neurology 1993;43;2414

This information is current as of March 3, 2009

The online version of this article, along with updated information and services, is located on the World Wide Web at:
<http://www.neurology.org>

Neurology® is the official journal of the American Academy of Neurology. Published continuously since 1951, it is now a weekly with 48 issues per year. Copyright © 1993 by AAN Enterprises, Inc. All rights reserved. Print ISSN: 0028-3878. Online ISSN: 1526-632X.



CDR may result from several factors: (1) it is clinically based (ie, independent of psychometric test scores); (2) the six categories used for rating dementia severity are directly linked to validated clinical diagnostic criteria² for AD; (3) it has high inter-rater reliability for physicians³ and nonphysicians⁴; and (4) an expanded and more quantitative version of the scale can be achieved by summing the ratings in each of the six categories to provide the Sum of Boxes.⁵

The CDR has been modified slightly over the years, as experience permitted resolution of ambiguities. These refinements primarily have been to sharpen the distinction between specific severity levels within a category. The first revision⁶ separated Community Affairs box scores 2 and 3, eliminated the possibility that Home and Hobbies could be "well maintained" for box score 0.5, and removed vague modifiers ("if any" from box score 0.5 in Community Affairs and "occasional" from box score 1 in Personal Care). The next revision⁷ distinguished Orientation box scores 0 and 0.5; other changes were slightly reworded descriptions for Orientation box scores 1 and 2 and for Judgment and Problem Solving box score 1, deletion of the modifier "may still" from the box score 1 description of normal appearance in Community Affairs, and substitution of "slight" for "mild" or "only doubtful" to describe 0.5 impairment for Memory, Judgment and Problem Solving, and Community Affairs.

A new version of the CDR more appropriately uses information regarding performance of financial transactions for rating Judgment and Problem Solving rather than Community Affairs. The new version is presented here (table) for interested readers, along with improved clinical scoring rules for the global CDR (material added to the original rules¹ is shown in *italic*).

From the Departments of Neurology and Pathology (Neuropathology) and the Alzheimer's Disease Research Center, Washington University School of Medicine, St. Louis, MO.

Supported in part by NIA grants AG03991 and AG05681.

Received January 20, 1993. Accepted for publication in final form March 18, 1993.

Address correspondence and reprint requests to Dr. John C. Morris, Memory and Aging Project, Washington University School of Medicine, 660 South Euclid Avenue, P.O. Box 8111, St. Louis, MO 63110.

References

1. Hughes CP, Berg L, Danziger WL, Coben LA, Martin RL. A new clinical scale for the staging of dementia. *Br J Psychiatry* 1982;140:566-572.
2. Morris JC, McKeel DW Jr, Fulling K, Torack RM, Berg L. Validation of clinical diagnostic criteria for Alzheimer's disease. *Ann Neurol* 1988;24:17-22.
3. Burke WJ, Miller JP, Rubin EH, et al. Reliability of the Washington University Clinical Dementia Rating. *Arch Neurol* 1988;45:31-32.
4. McCulla MM, Coats M, Van Fleet N, Duchek J, Grant E, Morris JC. Reliability of clinical nurse specialists in the staging of dementia. *Arch Neurol* 1989;46:1210-1211.
5. Berg L, Miller JP, Storandt M, et al. Mild senile dementia of the Alzheimer type: 2. Longitudinal assessment. *Ann Neurol* 1988;23:477-484.
6. Berg L. Clinical Dementia Rating [correspondence]. *Br J Psychiatry* 1984;145:339.
7. Berg L. Clinical Dementia Rating (CDR). *Psychopharmacol Bull* 1988;24:637-639.

'Reappearance' of congenital nystagmus after minor head trauma

Deborah I. Friedman, MD, and Louis F. Dell'Osso, PhD

Congenital nystagmus (CN) is typically horizontal, conjugate, and is noticed at birth or in early infancy. Although the appearance of CN does not usually change much throughout life, fluctuations in the amplitude of the nystagmus are common. We report a patient with congenital nystagmus that was first noticed at age 6, "resolved" at age 7, and became clinically apparent again after a minor closed-head injury at age twelve.

Case report. A 12-year-old boy was evaluated for reappearance of nystagmus after a minor head injury. His parents first

noticed a head-tilt when he was 2 to 3 years old. Ophthalmic evaluation at age 5 showed no clinical evidence of nystagmus. Pendular nystagmus with excellent visual acuity (20/20 OU) and normal fusional amplitudes were found at age six. CT of the brain was reportedly normal except for sinus disease. The nystagmus was no longer visible at age seven. In the interim, he was an honor student and was active in sports. Two months before his examination, he was struck in the back of the head with a baseball. There was no loss of consciousness. He was brought to the hospital for evaluation. Nystagmus was noted by the ambulance driver, and it subsequently persisted. There were no other neurologic sequelae from the head injury.

Since the injury, the patient needed to position his head to see clearly, and had difficulty catching a baseball. His parents noticed an intermittent head-turn while he was doing close work.

The patient had asthma, but no other medical, ophthalmologic, or neurologic conditions. Several family members had strabismus; there was no known nystagmus in the family.

Neuro-ophthalmic examination revealed normal visual acuity, color vision (Hardy-Rand-Ritter plates), pupils, visual fields, fundi, and intraocular pressures. The extraocular movements were full. The eye movements were videotaped and reviewed. Horizontal pendular-appearing nystagmus was present in primary gaze. The amplitude was variable and, at times, no nystagmus was visible. In lateral horizontal gaze, the nystagmus had a jerk component, beating in the direction of gaze. No definite null position was seen, even with head-tilt. The amplitude of the nystagmus seemed greater at distance than at near, and there was poor generation of horizontal optokinetic nystagmus (OKN). "Inverse" OKN was not observed. There was no observable change in the nystagmus with monocular occlusion, and no head-tilt, head-nodding, or head oscillation was seen. The neurologic examination was normal.

Eye movement recordings. Eye movements were recorded using the infrared reflection technique. Full-system bandwidth was direct current to 100 Hz. The predominant waveform, jerk nystagmus with extended foveation, allowed foveation periods from 150 to 400 msec. In the figure, A and B show the position and velocity records during 4 seconds of fixation on a 0.2° diameter light-emitting diode. Note the periods of extended foveation despite the frequent bias reversals. In the figure, C shows the phase planes of both eyes during this 4-second interval, also indicating well-developed foveation within the foveation window.¹ The $\pm 0.5^\circ$ window has been extended $\pm 0.1^\circ$ to allow for the 0.1° radius of the target. The foveating saccades from both directions bring the target within this effective foveation window of $\pm 0.6^\circ$ and $\pm 4^\circ/\text{sec}$. Pendular waveforms were not observed during the recording. There was a broad neutral zone with frequent bias reversals within $\pm 20^\circ$ of primary gaze. Convergence had a minimal damping effect on the nystagmus. Smooth pursuit was normal at low velocities, but of low gain at velocities of $20^\circ/\text{sec}$ and above. The amplitude of the nystagmus was variable throughout the record, and ceased completely with inattention. There was no evidence of a superimposed acquired nystagmus.

Discussion. As is typical of persons with CN, our patient did not experience oscillopsia. His well-developed foveation periods allowed him to enjoy excellent visual acuity most of the time. High-acuity foveation periods require that the eye position and target position coincide with minimal retinal slip. During smooth pursuit, the ability to match eye position to target position during foveation periods declines with increasing target velocity.² In our patient, low pursuit gain with pursuit movements of $20^\circ/\text{sec}$ or more accounted for his intermittent blurred vision, especially when trying to fixate on targets moving rapidly across his visual field. Although his nystagmus was not apparent in infancy, the presence of excellent vision and lack of oscillopsia suggested that the nystagmus was not an acquired type; the recorded CN waveforms confirmed this.

Our patient also demonstrated several atypical clinical features of CN: his nystagmus was not noticed until age 6, his waxing and waning course was unusual, and his nystagmus reemerged after minor head trauma. The amplitude of CN can vary with many factors, including head position, eye position, febrile illness, and anxiety. Nystagmus with typical CN waveforms has developed in adolescence or adulthood without any

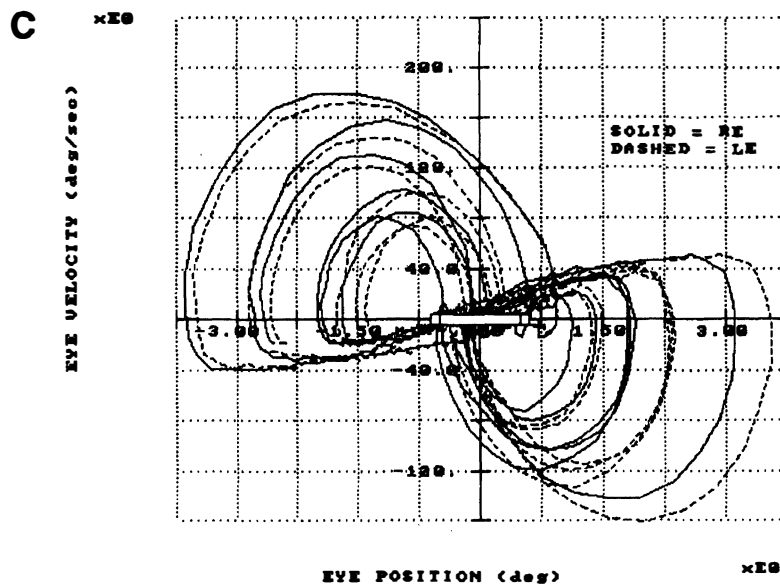
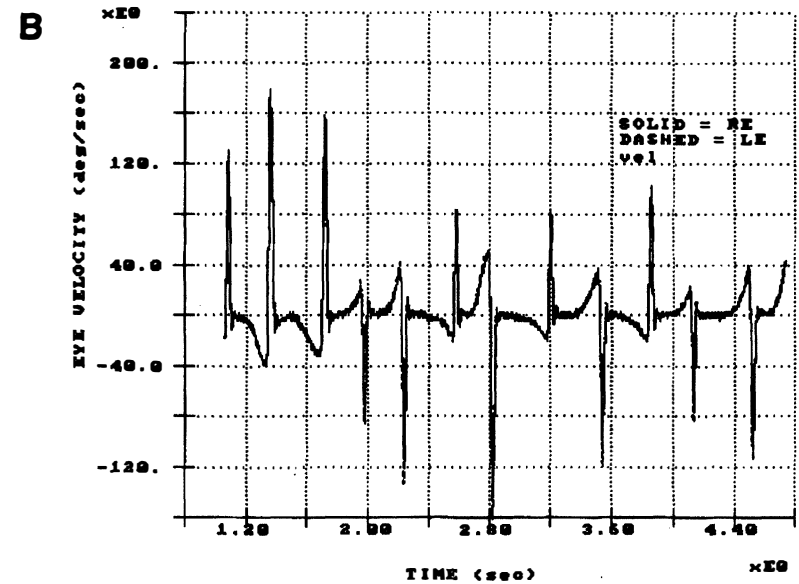
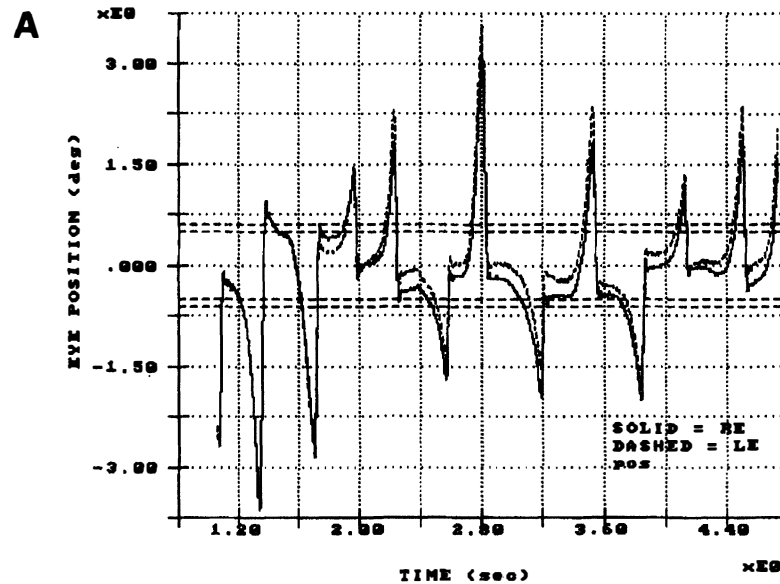


Figure. Records of (A) position (pos) and (B) velocity (vel) of both the right (RE) and left (LE) eyes during 4 seconds of fixation on a 0.2° light-emitting diode (LED). The dashed lines indicate the extent of the fovea and extended fovea (ie, the radius of the LED added). The phase planes of both eyes are shown in (C), along with the foveation window ($\pm 0.5^\circ$ by $\pm 4^\circ/\text{sec}$) and effective foveation window ($\pm 0.6^\circ$ by $\pm 4^\circ/\text{sec}$). These windows are shown by solid lines; because the phase plane completely filled the foveation windows, making it difficult to illustrate their extent, these data have been removed from the windows for clarity. All foveating saccades from both directions bring the eyes into the foveation windows.

identifiable trauma or neurologic disease.³ Those few patients with late-emerging CN previously probably had small-amplitude CN that was not clinically apparent, but would have been detectable with ophthalmoscopic examination.

Despite its name, CN can appear in early infancy as well as at birth. Thus, the term "congenital" refers to a *congenital predisposition* for ocular motor instability rather than the exact time of its manifestation. Attempting to rename CN to "infantile nystagmus"⁴ is counterproductive because it emphasizes time of onset rather than the underlying mechanism, and since time of onset can extend to adulthood,³ the term "infantile" is overly restrictive. In agreement with previous usage,⁵ we use the term infantile nystagmus to include all types of nystagmus that usually become manifest in infancy (eg, CN, latent/manifest latent nystagmus, the dissociated pendular nystagmus of spasmus nutans, and the symptomatic forms associated with neurologic disease).⁶

Although our patient's nystagmus appeared to be pendular on clinical examination, eye movement recordings demonstrated only jerk nystagmus (usually with extended foveation periods). The frequent bias reversals of unidirectional jerk waveforms can have the clinical appearance of a pendular oscillation. Since the clinical examination can be misleading,⁷ the diagnosis of pendular CN should be made cautiously when eye movement recordings are unavailable.

Acknowledgement

We wish to thank Peter Doane, MD, for referring the patient for evaluation.

From the Departments of Neurology and Ophthalmology (Dr. Friedman), State University of New York Health Science Center, Syracuse, NY; and the Ocular Motor Neurophysiology Lab, Veterans Administration Medical Center, and Department of Neurology (Dr. Dell'Osso), Case Western Reserve University, Cleveland, OH.

Supported in part by the office of Research and Development, Medical Research Service, Department of Veterans Affairs.

Received January 28, 1993. Accepted for publication in final form March 26, 1993.

Address correspondence and reprint requests to Dr. Deborah I. Friedman, Department of Neurology, SUNY Health Science Center, 750 East Adams Street, Syracuse, NY 13210.

References

1. Dell'Osso LF, Van der Steen J, Steinman RM, Collewijn H. Foveation dynamics in congenital nystagmus. I. Fixation. *Doc Ophthalmol* 1992;79:1-23.
2. Dell'Osso LF, Van der Steen J, Steinman RM, Collewijn H. Foveation dynamics in congenital nystagmus. II. Smooth pursuit. *Doc Ophthalmol* 1992;79:25-49.
3. Gresty MA, Bronstein AM, Page NG, Rudge P. Congenital-type nystagmus emerging in later life. *Neurology* 1991;41:653-656.
4. Reinecke RD, Suqin G, Goldstein HP. Waveform evolution in infantile nystagmus: an electro-oculographic study of 35 cases. *Binoc Vision* 1988;3:191-202.
5. Jayalakshmi P, Scott TF, Tucker SH, Schaffer DB. Infantile nystagmus: a prospective study of spasmus nutans, congenital nystagmus, and unclassified nystagmus of infancy. *J Pediatr* 1970;77:177-187.
6. Dell'Osso LF. Nistagmo infantile. In: Traccis S, ed. *Il Nistagmo Fisiologico e Patologico*. Bologna: Pàtron, 1992:127-145.
7. Dell'Osso LF, Flynn JT, Daroff RB. Hereditary congenital nystagmus: an intrafamilial study. *Arch Ophthalmol* 1974;92:366-374.

Episodic changes in T-cell frequencies to myelin basic protein in patients with multiple sclerosis

A.A. Vandenbark, PhD; D.N. Bourdette, MD; R. Whitham, MD; Y.K. Chou, PhD; G.A. Hashim, PhD; and H. Offner, DSc

Although T-cell response to myelin antigens may contribute to inflammation and demyelination in MS, there are many discrepant findings in the literature.¹ A possible explanation lies in episodic responses that we detected by longitudinal evaluations

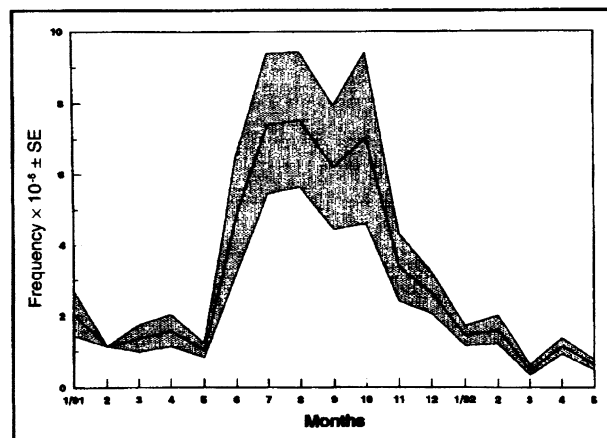


Figure. Composite longitudinal BP-specific T-cell frequency of 12 MS patients. For each determination, blood mononuclear cells were separated on a Ficoll-density gradient, and 10 to 24 replicate wells containing four two-fold dilutions of 500,000 cells per well were cultured with antigen-presenting cells in the presence or absence of human BP for 5 days prior to harvesting and evaluation of proliferation (³H-Td uptake). In BP-reactive wells, the counts per minute (CPM) exceeded 2 SD of the mean CPM of wells without BP. For each patient per month, the number of negative wells at each cell dilution was used to estimate the frequency $\pm 95\%$ confidence interval, using the chi-square minimization algorithm² adapted for use on a personal computer. The same BP preparation was used throughout the study.

of T-cell frequencies, which we now report.

Methods and results. Using the limiting-dilution assay over a period of 17 months, we estimated the frequency of peripheral T cells specific for myelin basic protein (BP) and other antigens in 12 patients with progressive MS. These patients included nine men and three women with an average age of 52 years, average duration of MS 18 years, and average disability 6.0 Kurtzke Disability Status Score (KDSS) units. Data from one to four assays per month per patient were pooled and analyzed by chi-square minimization² to determine the mean frequency $\pm 95\%$ confidence interval for each month. Frequency estimates obtained within 1 week after symptomatic treatment with corticosteroids were diminished and were not included in the results, but estimates obtained within 2 weeks returned to previous levels and were included.

The composite estimated frequency \pm SE shown in the figure demonstrates several striking features. For the period of January 1991 to May 1991, the mean frequency remained at a baseline level between 1 and 2 BP-specific T cells per million blood mononuclear cells. However, during the period of June 1991 to October 1991, there was a dramatic and significant rise in the BP-specific T-cell frequency in all of the patients, with the mean frequency being approximately 7 per million. Subsequently, the BP-specific T-cell frequency declined to baseline. The frequency at the peak of response was similar to that reported in our previous study³ (6.2 per million), in which blood samples from many of the same patients and others were obtained approximately 1 year before (August 1990 to October 1990). Individually, during the period of June 1991 to October 1991, 10 of the 12 patients reached a maximal frequency of 10 BP-specific T cells per million blood mononuclear cells, which approximates the frequency of BP-specific T cells measured by the same method in the blood of paralyzed rats with experimental allergic encephalomyelitis (EAE)³ (11 per million). In two patients, the maximal frequencies did not exceed five BP-specific T cells per million, raising speculation that in a subgroup of MS patients, like in some mouse strains with EAE, other myelin antigens such as proteolipid protein may be the predominant encephalitogen.

Simultaneous frequency analyses of herpes simplex virus (HSV)-specific T cells showed a nonepisodic pattern that